

Name: _____

Grade Level for Fall 2022: _____

Monongalia County Middle Schools



June 6: Write a letter introducing yourself to your new teachers. Tell them about yourself and what you hope to achieve in the upcoming school year. Also include anything you want them to know about you. Please bring the letter back to your school either at orientation or on the first day of school.

June 7: Choose and complete any 4 activities on the board that interest you. Highlight or “X” your selections. Please bring the board back to your school either at orientation or on the first day of school.

<p>SEL Help a Neighbor/ write about how you feel afterward</p> <p><i>Adult's Initials:</i> _____</p>	<p>Physical Wellness Do body warm-up stretches you learned in your wellness or gym class.</p> <p><i>Adult's Initials:</i> _____</p>	<p>Fine Arts Draw a picture using your favorite medium (pencil, paint, crayon etc.)</p> <p><i>Adult's Initials:</i> _____</p>	<p>STEM/Tech Interview an adult who has social media. Develop at least 5 questions and record their answers.</p> <p><i>Adult's Initials:</i> _____</p>	<p>Life Skills Learn and complete a new household chore (i.e. laundry/dishes etc.)</p> <p><i>Adult's Initials:</i> _____</p>	<p>Physical Wellness Take a 30 minute walk or hike</p> <p><i>Adult's Initials:</i> _____</p>
<p>STEM/Tech Build something with legos/block/or other items you have at home. Share your creation with a grown up.</p> <p><i>Adult's Initials:</i> _____</p>	<p>Math Find and sketch two examples of the following 3-D geometric shapes: - Sphere, Rectangular Prism, Pyramid, Cylinder</p> <p><i>Adult's Initials:</i> _____</p>	<p>Life Skills Create a list of at least 5 goals for the summer that you hope to accomplish. Share it with your Grown Up.</p> <p><i>Adult's Initials:</i> _____</p>	<p>Science Open a window or go outside and record the nature sounds you hear for 30 minutes. How many can you identify?</p> <p><i>Adult's Initials:</i> _____</p>	<p>Soc. Studies Interview a person from a different generation about what life was like when they were young. How was it the same? How was it different?</p> <p><i>Adult's Initials:</i> _____</p>	<p>Language/Culture Look in your kitchen. Can you find a food with nutrition information in more than 1 language? Can you recognize any words? What are similarities and differences?</p> <p><i>Adult's Initials:</i> _____</p>
<p>SEL Listen to your top 3 current songs. Record your mood and feelings during or after</p> <p><i>Adult's Initials:</i> _____</p>	<p>Math Plan and help make a meal. Read the recipe, paying close attention to the measurements</p> <p><i>Adult's Initials:</i> _____</p>	<p>Writing/Reading Read a Book</p> <p>Book Title: _____</p> <p><i>Adult's Initials:</i> _____</p>	<p>Fine Arts Create a vision board (<i>a visual representation of your goals</i>) with goals for what you would like your next school year to look like</p> <p><i>Adult's Initials:</i> _____</p>	<p>SEL Create a gratitude journal about things you are thankful for. This could include things from school, home, and the community.</p> <p><i>Adult's Initials:</i> _____</p>	<p>SEL Sit outside for at least 30 minutes. Meditate or observe the sounds and sights of your surroundings.</p> <p><i>Adult's Initials:</i> _____</p>